

# The spatial learning and memory performance in methamphetamine-sensitized and withdrawn rats

Imanollah Bigdeli<sup>1</sup>, Masomeh Nikfarjam- Haft Asia<sup>1</sup>, Hossein Miladi-Gorji<sup>2\*</sup>, Atefeh Fadaei<sup>1</sup>

<sup>1</sup> Faculty of Psychology and Educational Sciences, University of Semnan, Semnan, Iran

<sup>2</sup> Laboratory of Animal Addiction Models, Research Center and Department of Physiology, School of Medicine, Semnan University of Medical Sciences, Semnan, Iran

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## ABSTRACT

**Objective(s):** There is controversial evidence about the effect of methamphetamine (METH) on spatial memory. We tested the time-dependent effects of METH on spatial short-term (working) and long-term (reference) memory in METH-sensitized and withdrawn rats in the Morris water maze.

**Materials and Methods:** Rats were sensitized to METH (2 mg/kg, daily/5 days, SC). Rats were trained in water maze (4 trials/day/ for 5 days). Probe test was performed 24 hr after training. Two days after probe test, working memory training (2 trials/day/ for 5 days) was conducted. Acquisition-retention interval was 75 min. The treatment was continued per day 30 and 120 min before the test. Two groups of METH-sensitized rats were trained in reference memory after a longer period of withdrawal (30 days).

**Results:** Sensitized rats exhibited significantly longer escape latencies on the training, spent significantly less time in the target zone (all,  $P < 0.05$ ), and their working memory impaired 30 min after injection. While, METH has no effect on the spatial learning process 120 min after injection, and rats spent significantly less time in the target zone ( $P < 0.05$ ), as well it has no effect on working memory. Also, impairment of reference memory persisted after prolonged abstinence.

**Conclusion:** Our findings indicated that METH impaired spatial learning and memory 30 min after injection, but spared spatial learning, either acquisition or retention of spatial working, but partially impaired retention of spatial reference memory following 120 min after injection in sensitized rats, which persisted even after prolonged abstinence.

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## Introduction

Methamphetamine (METH) is a powerful central nervous system (CNS) stimulant (1), which is widely distributed in the human and rat brain (2). Although METH-dependent individuals often claimed the cognitive and attention-enhancing effect following drug use (3), but METH causes dependence and withdrawal syndrome (4), long-term changes in the brain structure and function, changes in synaptic plasticity (2), cell death via apoptosis (5) and neurotoxicity (3).

However, studies existing about the effects of METH on cognitive functioning, learning and memory are rather inconsistent. For example, it has been shown that METH-dependence is associated with neurocognitive impairment, including poor attention, learning and memory, episodic memory, and working memory (6-9). While, other studies in humans (10, 11) and animal (12) models have provided some evidence that METH can improve cognition. Animal studies have also shown that repeated METH exposure impairs learning in the

Morris water maze in adulthood; however, prenatal METH exposure improves performance in the retention memory test (13), while lower doses of drug did not have any effect on cognition in adult offspring (14). It appears that these discrepancies are due to total dose and duration of drug exposure (time-dependent effects of METH).

In the present study, enhanced sensitivity to METH occurred in rats but not dependency. Given that, short (acute) and long term (chronic) effects of METH exposure (time-dependent effects of METH) on the spatial memory performance are unknown in sensitized rats. Thus, we examined the spatial short term (working) and long-term (reference) memory of METH-sensitized rats 30 and 120 min after the injection in the Morris water maze. Also, reference memory was evaluated after a 30-day period of withdrawal in METH-sensitized rats in the Morris water maze. Lack of such knowledge therapeutically prevents intervention to reverse METH-induced neurotoxic damage.

\*Corresponding author: Hossein Miladi-Gorji, Laboratory of Animal Addiction Models, Research Center and Department of Physiology, School of Medicine, Semnan University of Medical Sciences, Semnan, Iran. Fax: +98-231-3354186; email: Miladi331@yahoo.com

## Materials and Methods

### Animals and induction of methamphetamine-induced sensitization

Male Wistar rats (220±10 g) were housed in a 12 hr light/dark cycle at 22 to 24°C, with food and water *ad libitum*. All of the experimental procedures were conducted in accordance with the National Institutes of Health's Guide for the Care and Use of Laboratory Animals. All efforts were made to minimize the number of animals used and their suffering. Methamphetamine hydrochloride (Sigma-Aldrich, M 8750) was dissolved in 0.9% saline. The rats were chronically treated with subcutaneous injections of METH (2 mg/kg), once a day for 5 days, as described previously (15). Rats become sensitized to METH during 5 days. Normal saline solution was similarly injected into control rats. This dose of METH shows no neurotoxicity but produces behavioral sensitization after repeated treatment in rats (16).

### Experimental protocols

#### Experiment 1: Reference memory and working memory testing using the water maze

This experiment examined spatial memory performance of METH-sensitized rats 30 and 120 min after the injection of drug. In this experiment, 38 male rats were divided into four groups (n=9-10 rats per group) and received saline or METH (2 mg/kg, SC, for 5 days). All training and testing were conducted 30 or 120 min after injection of METH. Considering the half-life of METH in rats approximately 70 min (17, 18), the experimental groups were divided as follows: Group 1: Sal exposed/ Sal 30 min after injection, Group 2: (Sensitive to METH) METH exposed/ METH 30 min after injection, Group 3: Sal exposed/ Sal 120 min after injection, Group 4: METH exposed /METH 120 min after injection.

A detailed description of the apparatus and the tracking system has been given in our previous reports (19). From day 5 to 10, all rats were trained in spatial learning (4 trials per day for 5 consecutive days). Twenty four hours prior to the start of training, rats were allowed to swim 3 min in the pool containing no platform for habituation, as described previously (20, 21). A spatial probe test was performed 24 hr after the last acquisition session, without platform. The rats were allowed to

swim for 60 sec, and during this period, we recorded the latency to reach the platform location, the time spent in a zone around the platform (20 cm radius) in each quadrant, and the proximity (the average distance from the center of the platform during the probe test) and velocity of each animal (19).

Two days after probe test, training on working memory version of the water maze task was started. Only two trials per day were given for 5 days to stabilize the performance of the animal in task. Final test was performed on day 6. In the first trial (acquisition), the rat had to find the platform in a new position, the second trial (retrieval) was performed 75 min later, as described previously (20). In this period, METH injection was performed 30 or 120 min before the acquisition phase. The treatment was continued for 13 days of learning and memory testing. Thus, the total duration of the METH injection was 18 days in Experiment 1. (Figure 1A. Time line).

#### Experiment 2: Reference memory testing after a 30-day period of withdrawal in METH-sensitized rats

This experiment examined the effects of METH withdrawal on the spatial reference memory in METH-sensitized rats. Two groups of rats (saline and methamphetamine-sensitized rats from EXP1) were exposed to 30 days of spontaneous withdrawal after the end of working memory test. The experimental groups were divided as follows: Group 1: Saline (Sal), Group 2: a 30 day period of spontaneous withdrawal (METH/Withd). Rats were trained in spatial learning (2 trials per day for 3 consecutive days). A spatial probe test was performed 24 hr after the last acquisition session, as described above. Methamphetamine injection was discontinued in this period (Figure 1B. Time line).

### Statistical analysis

The data expressed as the mean±standard error of the mean (SEM). These data were analyzed using two-way analyses of variance (ANOVA), with repeated measures (day effect, group effect, group×day interaction) and one-way ANOVA as required. *Post-hoc* analyses consisted of Turkey's test. A Student's t-test was used to compare the data between two groups. The statistical differences were considered to be significant at  $P < 0.05$ .

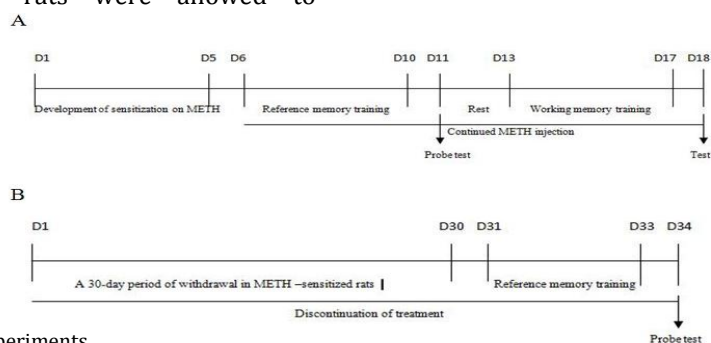


Figure 1. Timelines of experiments

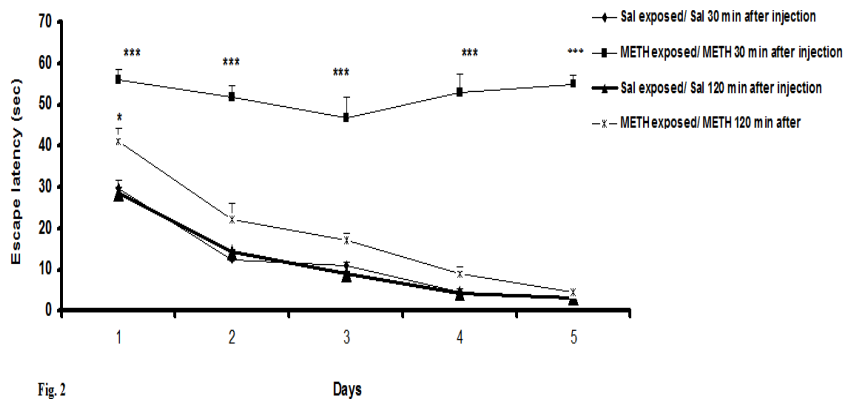


Fig. 2

**Figure 2.** Effect of Methamphetamine (METH) in acquisition phase of spatial learning in METH-sensitized rats 30 and 120 min after the injection as measured by the WM task. All groups learned platform location during the 5-day training, except group 30 min after injection of METH. Result showed group of 30 min after injection of METH is not able to learning. \*\*\* represents a significant different between 30 min after injection of METH and saline groups ( $P= 0.0001$ ). \* represents a significant difference between 120 min after injection of METH and saline groups on the first day of training ( $P= 0.002$ )

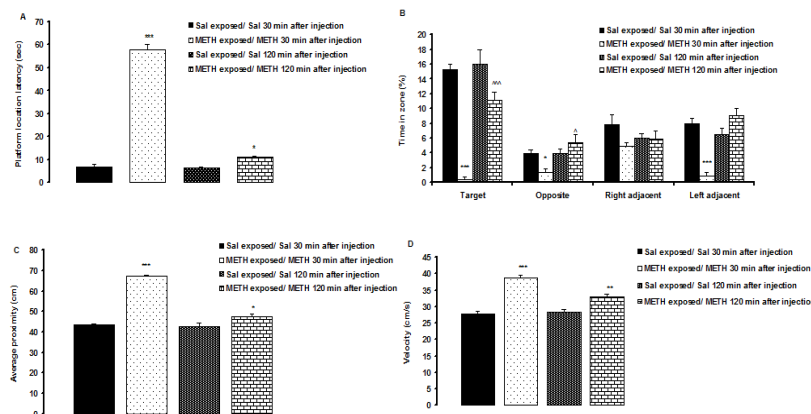
**Results**

**Spatial learning**

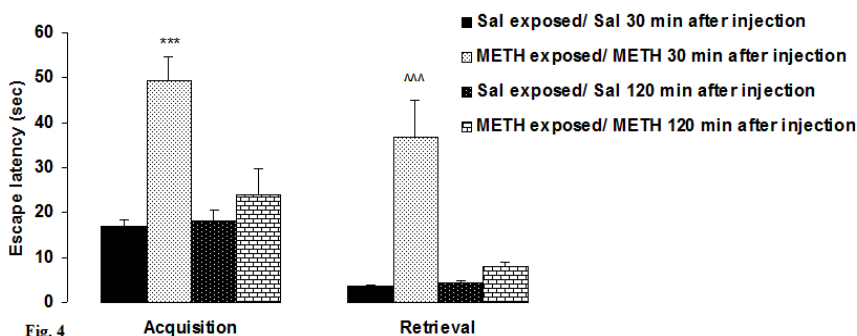
The acquisition data during the 5 days of training in the water maze (WM) are illustrated in Figure 2. Two-way analyses of variance (ANOVA), with repeated measures were used to analyze the escape latencies during training. All groups learned to locate the platform during 5 days of training, as indicated by decreasing escape latencies as training progressed ( $F_{4, 170}=62.8, P=0.0001$ ), except METH group 30 min after injection. Statistical analysis showed a significant group effect ( $F_{3, 34}= 206.8, P= 0.0001$ ) and significant interaction between

factors (group  $\times$  day) ( $F_{12, 170} = 6.4, P= 0.0001$ ) in the acquisition phase of learning. The METH groups exhibited significantly higher escape latencies in all 5 days training than those of control group ( $P= 0.0001$ ) 30 min post injection. These findings indicated that exposure to METH decreased the learning rate in sensitized groups 30 min post injection.

Data related to the distance swam to reach the platform followed similar to the same pattern as the latency. All groups traveled shorter distances to reach the platform as training progressed ( $F_{4, 170}=42.63, P=0.0001$ ), except METH group 30 min after injection (Data not shown).



**Figure 3.** Effect of Methamphetamine (METH) on spatial references memory in METH-sensitized rats using the probe trial during the WM task 30 and 120 min after the injection. (A) The mean latency to reach the platform location. (B) The mean percentage of total time spent in within a zone, with a radius of 20 cm in the target zone or in other zone (C) The proximity (D) Swimming speed of each rat. Results showed that the METH sensitized rats took significantly more time to reach the platform location (A), spent significantly less time in the target zone (B), and had significantly further proximity values (C) and also with increased swimming speed compared to their controls (D). In A: \*\*\* and \* Indicates a significant different between METH groups compared to their controls ( $P=0.0001$ , and  $P=0.045$ , respectively). In B: \*\*\* and ^^^ Indicates a significant different between METH groups compared to their controls ( $P=0.0001$ , both) in the target zone. ^ and ^ Indicates a significant different between METH groups compared to their controls ( $P=0.024$ , and  $P=0.034$ , respectively) in the opposite zone. \*\*\* Indicates a significant different between 30 min after injection than those control ( $P=0.0001$ ) in the left zone. In C: \*\*\* and \* Indicates a significant different between METH groups compared to their controls ( $P=0.0001$ , and  $P= 0.037$ , respectively). In D: \*\*\* and \*\* Indicates a significant different between METH groups compared to their controls ( $P=0.0001$ , and  $P= 0.003$ , respectively)



**Figure 4.** Effect of Methamphetamine (METH) on acquisition and retention of spatial (working) memory in METH-sensitized rats 30 and 120 min after the injection. In acquisition and retention: \*\*\* and ^^^ Indicates a significant different between 30 min after injection than those control ( $P=0.0001$ , both)

**Spatial reference memory**

The data for the spatial reference memory test are shown in Figure 3. One -way analyses of variance (ANOVA) showed significant effects on the platform location latency between groups ( $F_{3, 34}=410.9, P=0.0001$ ) (Figure 3A). Comparisons between groups showed that the mean latency to reach the platform location in sensitized groups were significantly more than those of control groups ( $P=0.0001, P=0.045$ ; respectively) 30 and 120 min after injection of METH, representing the impairment of the spatial reference memory in both groups. There are also significant differences between METH groups ( $P=0.0001$ ). Analysis (Figure 3B) indicate significant difference between groups in time spent in the target ( $F_{3, 34}=35, P=0.0001$ ), opposite ( $F_{3, 34}=10.34, P=0.0001$ ) and left zones ( $F_{3, 34}=20.9, P=0.0001$ ). Comparisons between groups showed that the METH groups spent significantly less time in the target zone than those of control groups ( $P=0.0001$  and  $P=0.036$ , respectively) 30 and 120 min after injection. Also, METH group spent significantly more time in the opposite zone than those of control groups ( $P=0.034$ ) 120 min after injection.

Figure 3C represents the average proximity to the platform. A one way ANOVA revealed significant difference between groups ( $F_{3, 34}=78.9, P=0.0001$ ). The METH groups had significantly larger average proximity value than control groups ( $P=0.0001, P=0.037$ ; respectively). Figure 3D showed that both

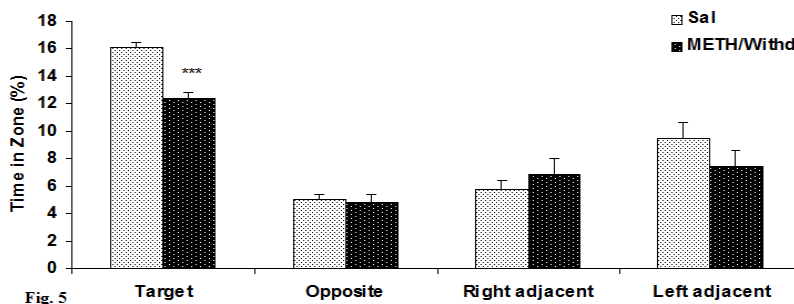
groups had significantly more swim speed than of control groups ( $P=0.0001, P=0.003$ , respectively).

**Spatial working memory**

Figure 3. Illustrates the mean escape latencies on the acquisition and retention trials for control and 30 and 120 min after injection of METH. A one way ANOVA revealed a significant difference between groups in the acquisition ( $F_{3, 34}=13.76, P=0.0001$ ) and retention trials ( $F_{3, 34}=7.95, P=0.0001$ ). Comparisons between groups showed that the METH groups exhibited significantly higher escape latencies in the acquisition and retention trials than those of control group ( $P=0.0001$ , both) 30 min after injection. While, there was not significant difference in the acquisition and retention trials 120 min after injection in the METH groups. This finding indicates that 120 min after the injection of METH has no effect on either acquisition or retention of working memory in METH-sensitized rats in the water maze.

**Spatial learning and reference memory after a withdrawal period of METH**

The data for the spatial reference memory test after prolonged abstinence are shown in Figure 5. Student's t-test indicated that METH-withdrawn rats spent significantly less time in the target zone than those of control group ( $t_{17}=6.48, P=0.0001$ ).



**Figure 5.** Effects of Methamphetamine (METH) withdrawal on spatial reference memory in METH-sensitized rats using the probe trial during the WM task. The mean percentage of total time spent in within a zone or in other zone. Results showed that the METH withdrawn rats spent significantly less time in the target zone. \*\*\* Indicates a significant different between METH/Withd group compared to saline ( $P=0.0001$ )

## Discussion

We found that METH-sensitized rats showed spatial working and reference memory impairment 30 min after injection of METH. Furthermore, rats did not show impairment of learning ability in reference memory and the acquisition and retention of working memory 120 min after drug injection in METH-sensitized rats, but the retention of spatial reference memory in the WM task is impaired. So far, similar studies have not found in line with this study. Thus, the spatial learning and memory deficits observed in the sensitized rats 30 min after injection could potentially be interpreted as an acute effect of METH, which is associated with increased levels of anxiety and aggressive behavior (13, 22, 23). In our study, aggressive behavior was evident 30 min after injection, whereas it is clearly decreased 120 min after injection of the drug in the sensitized rats; probably because of the half-life of METH that is 70 min in rats (17, 18). Thus, drug sensitivity-induced anxiety and aggressive behaviors were increased after 30 min of injection in METH-sensitized rats and decreased during 120 min after injection. It seems that stress is reduced 120 min after injection during training of water maze, which facilitated spatial learning. Also, we observed that almost all rats spend most of their time during trials training in the peripheral regions of the quadrant 30 min after injection. Thus, despite the high swimming speed 30 min after injection, the learning has not occurred and rats failed to find the hidden platform. This finding is consistent with previous results showing that methamphetamine increases locomotor activity (24). The mechanism(s) underlying the spatial learning and memory deficits following METH (30 min after the drug injection) are unknown. Although it seems, stress-related pathways, the creatine system and monoamine levels in brain may be involved. Since it was shown that acute administration of METH after a single dose increased corticosterone, and hyperthermia and decreased hippocampal 5-HT levels and the brain creatine that affect cognitive function (25).

Also, we observed that the intensity of impairment is low 120 min after injection compared to 30 min after injection of drug (This was statistically significant). Therefore, another explanation is that 120 min after injection may be interpreted as residual drug effects of chronic and rats developed tolerance to the methamphetamine and may have resulted in a reduction in drug efficacy; so, the intensity of impairment was low; however, there was statistically significant difference as compared to the saline group.

In line with our study, it was shown that neonatal treatment with METH had no effect on working memory (26). Another study has shown that prenatal exposure to higher doses of METH (15, 20 mg/kg) induced impairments of spatial memory in the MWM

tested in adulthood (14). While, in our study dose of 2 mg/kg induced impairment of spatial long-term memory. This difference may be due to the duration and timing of drug injection during pregnancy (27). Also, we found that after prolonged abstinence, rats exhibited a deficit in spatial reference memory. Our findings is in accordance with those reported in previous studies (28, 29). Although the mechanism that underlies the impairing effects of METH after prolonged abstinence is unknown, it has been suggested that chronic METH may lead to the neurodegeneration (30) apoptosis (5) and reduction of LTP (2) in neurons of the hippocampus. METH administration results in long lasting dopamine depletion in humans and animals (31). Given that the hippocampus is more sensitive to METH (25). It is probable that the degenerative effects of METH have been sustained even after prolonged abstinence in the hippocampus. Therefore, we found that rats showed spatial memory deficits after 30 days of withdrawal.

## Conclusion

Our findings indicate that drug sensitivity was increased 30 min after injection in methamphetamine-sensitized rats, thus leading to the destruction of learning and memory. So that 120 min after injection of METH in sensitized rats did not impair learning ability and working memory, but partially impaired retention of spatial reference memory, which persisted even after prolonged abstinence of drug.

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## Declaration of interest

The authors report no conflicts of interest. The authors alone are responsible for the content and the writing of the paper.

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